

General health benefits of Homoeopathy

Homoeopathy is a science and art of healing discovered by the German Physician, Dr.Christian Fredrick Samuel Hahnemann (1755-1843) in the late eighteenth century. It is a therapeutic system of medicine premised on the principle, “ Similia Similibus Curentur” or “let likes be treated by likes”.

Mahathma Gandhi, Father of the Nation, said “just as my non-violence will never fails....., so also Homœopathy never fails..... it cures a larger percentage of cases than any other method of treatment and it is beyond all doubt safer & more economical & the most complete science”.

Homeopathy, also known as homeopathic medicine, is a whole medical system that was developed in Germany more than 200 years ago and has been practiced in the United States since the early 19th century. Homeopathy is used for wellness and prevention and to treat many diseases and conditions. This fact sheet provides a general overview of homeopathy and suggests sources for additional information.

Homœopathy is a system of therapeutics, in which diseases are treated by medicines which are capable of producing similar symptoms in healthy individuals like those of the disease to be treated, the medicine being administered is in minute doses, after being proved on healthy individuals

Homeopathy came to India as early as 1810 when a French traveler Dr. Honigberger . Dr. Samuel Hahnemann, visited this country and began treating people with Homoeopathic medicines.

Homoeopathy today is a rapidly growing system and is being practiced almost all over the world. In India, it has become a household name due to the safety of its pills and gentleness of its cure. A rough study indicates that about **30%** of the Indian population solely depends on Homœopathy for their health care needs.

It was always well known that the Indian Systems of Medicine and Homœopathy had very good treatments for certain diseases and conditions which were not amenable to treatment by conventional medicine.

- ❖ Homœopathy has a very definite role to play in the health care delivery system in the country because it is effective, safe and affordable and the treatments are also simple to administer. The fact that Homoeopathic treatment is cost effective is another plus point. The ever increasing cost of conventional health care has had the unfortunate effect of reducing the ability of the poor and disadvantaged to access quality health care. This is where Homœopathy treatment has an advantage.
- ❖ Homoeopathy has proven its effectiveness in times of epidemics and contagious diseases. Homoeopathy is reputed in treating female problems and children’s diseases. Every woman will be passing through a crucial phase in her life that of a wife, a mother and a health keeper of the family. Hence it is felt absolutely necessary that certain basic concepts regarding health shall be learnt by them.

The advantages of taking Homoeopathic treatment as follows:

- It prevents epidemic diseases

- Homœopathy restores the permanent cure in every disease condition, uprising the resistance capacity of individual
- Many surgical forms of diseases, viz., Hemorrhoids, carbuncles, ulcers, abscess are said to be given complete cure with Homœopathy Medicine
- In advanced pathological condition it is the best palliative paving way for individuals peaceful survival
- Many infertility cases are successfully treated except where the cause of infertility is surgical
- Here the medical expenditure is low and affordable, for all groups of people when compared to other systems of medicine
- Permanent cure
- No side effects
- Medicines are sweet in nature

The reason why homeopathy has gathered quite a lot of adherents to its way of treating ailments may stem from the fact that it operates quite opposite principles of what conventional medicines follow. Many people seem to notice that certain alternative remedies such as what homeopathy offers may provide a necessary alternative especially when conventional treatments may not be able to provide an effective cure for certain diseases. Here are the other advantages that the practice of homeopathy may offer.

It is considered safe. The main purpose of homeopathic remedies is to aid the body and the life force from fighting disease by improving its own capacity to heal. The remedies in no way work against the natural healing processes of the body. That is why most consider it as a relatively safe form of alternative treatment.

Homeopathic remedies are based on natural ingredients. Synthetic and man-made substances are considered as obstacles in the practice of homeopathy that may impede the body's own natural healing powers. That is why homeopathic remedies are only made from ingredients that are naturally found in the environment. Homeopathic medicines are basically made out of natural ingredients.

Homeopathic medicines are easy to use. Most remedies developed through homeopathy come in the form of small sugar pills

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